

Check out the latest in the ICFP world!



October 2019 Newsletter

Thoughts From The Board

Why do you coach? No, really. Pause for a moment and ask yourself: “why DO I coach?” Who is on your support team? Take time to think about it and write down (or make a mental note) of those key people who provide you support - the kind of support you need to show up as your best self for your clients.

I have been a professional coach since 2004 and this past July became a new volunteer board member for ICF Philadelphia. I frequently think about these questions — including how we (including YOU!) collectively as members of the ICF Philadelphia community can support one another. Here are a few ideas to invite you to RECEIVE support within our ICF Philadelphia community and also GIVE support to others

Ideas to RECEIVE:

- **Recharge & be supported.** Come to an [ICF Coffee](#) this month to connect with other coaches.
- **Further your professional knowledge.** Want to learn inspiring content? Earn CCEUs? Absorb a fresh perspective? Join one of the [upcoming virtual or IRL \(in real life\) events](#).

Ideas to GIVE:

- **Share your knowledge, expertise, and energy.** Volunteer to be a part of a one-time initiative or an on-going committee. [Our volunteer board would LOVE to know about your interests and align our needs with how you want to be involved.](#) Including if you'd like to talk further about serving on the board.

- **Sponsor ICFP.** If you work for a company that sponsors events, invite them to sponsor an ICF Philadelphia event. If your organization wants to promote an upcoming coach training program. Or if you yourself want to receive greater visibility. We invite you to become a sponsor.

What other ideas do you have? Please share your additional ideas by replying to this email so we can all co-create this community together!

This is OUR organization, OUR community of coaching peers, and we make it better for ourselves and each other by engaging. On behalf of all of us volunteer board members, we are excited to see you in person and virtually RECEIVING and GIVING to further our profession of coaching and this amazing community of coaches!

Erin Owen
ICFP Board Member-at-Large

Upcoming Professional Development Day

On 11/8/2019, ICFP welcomes Ben Dooley to bring the ATEBAR Formula into our lives. In one Friday morning you'll gain:

- A clearer way to measure success with clients
- A system to streamline your coaching (along with how to avoid common traps!)
- An easier way to convey "What coaching is" to your clients

And of course, the joy of spending a morning learning with your fellow coaches! [Get your tickets here.](#) We look forward to seeing you there.

ICFP Out in the Community & in Action!

A huge shout out to the members we had a chance to connect with on 9/19! A fun and enlightening time was had by all. We look forward to more learning and togetherness soon.



If you haven't attended one of our community coffees, you don't know what you're missing! Just look at these smiling faces from the Bucks/Mont crew after a great sharing of information.

More Ways to Learn



AWARENESS & COACHING WORKSHOP

Come work with two Gestalt Masters -- Eddy Mwelwa and Deb Lane. This workshop is all about self and social awareness. You will walk away knowing more about YOURSELF. What could be more important for a coach?

November 1 - 2, 2019

Day 1: Evening Session (Friday 5-8pm)

Day 2: All Day (Saturday 9am-6pm)



For more details, email eddy@teleosleaders.com

Teleos Leadership Institute

Elkins Park, PA

www.teleosleaders.com



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Want to get involved?

ICFP has several opportunities for you to do so. Master of events? Word smith? We'd love to have you. Throw your hat in the ring to [volunteer here.](#)

Do you have something to say? We are always on the lookout for stellar speakers. If you, or someone in your network is ready to help us get to learning, [speaker applications live here.](#)

Congrats to our Members!

New Credentials Earned in July, August and September

Maria Victoria Tiongson, ACC
 Debbie Crouse, ACC
 Deborah Seymoure, ACC
 Stefanie Brand-Geers, ACC
 Cecelia Gerard, ACC
 Steve Riccio, ACC
 Delores Mason, PCC
 Annalise Matulewicz, PCC
 Amy Lambert, ACC
 Jan Zacharjasz, ACC
 Bryan Stoudt, ACC
 Cheryl Magen, PCC
 Suzanne Seidl, ACC
 Bridget O'Brien, ACC
 Ipek Taffe, PCC
 Barbara Davis, ACC
 Emily House, ACC



A HUGE thank you to the coaches who worked hard at changing the world at the PA Conference for Women. We had the honor of coaching close to 230 people! Well done team!

Events At a Glance	
October 15th 7:00 - 8:30 PM Virtual Cafe - Helping Clients Rewire Their Habits	
November 4th 6:30 - 8:00 PM Core Competency Practicum	
November 8th 8:00 AM - 12:30 PM Professional Development Day	
November 21st 6:00 - 8:30 PM November Dinner Meeting	
December 2nd 6:30 - 8:00 PM Core Competency Practicum	

LET'S CONNECT!



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